



WINTER 2019 TIMETABLE

We have made changes to our timetable these will be in place from

Monday 11th Nov

41 Valeswood Rd
Bromley BR14RD

0208 461 2597

info@banddyc.co.uk

Fees – we are free !!
ALL YOUTH CLUB
SESSION ARE FREE !
Become a member
today.
Boxing Junior £2
Boxing Senior £3

For places in Judo or
Spin please contact
provider directly.

Winter 2019 Term-time Only	YOUTH CLUB PRIMARY SCHOOL YEARS 4-5-6 8 years plus	YOUTH CLUB SECONDARY SCHOOL AGED ONLY	BOXING Junior Carded and Recreational Speak to youth staff about joining Boxing Club	BOXING Senior Carded and Recreational Speak to youth staff about joining Boxing Club	BEGIN TO BOX Boxing exercise class See Youth staff about joining this session 20 places	JUDO Bromley Judo Academy club fees apply 07956516028 www.bromleyjudoacademy.co.uk	ADULT SPIN Miss New Styler Fitness call 07765 209550
Mon	4:00 -5:15	5:30 -7:00	-----	-----	6:00-7:30	-----	7:00 - 8:00
Tue	4:00 -5:15	5:30-7:00	6:30-7:30	7:00-9:00	----- --	-----	7:30 – 8:30
Wed	-----	-----	-----	-----	-----	-----	7:00 - 8:00
Thurs	-----	6:00 –8:00	6:30- 7:30	7:00-9:00	-----	-----	7:30 8:30
Fri	4:00 -5:15	5:30 -7:00	-----	-----		6:30 -8:30	